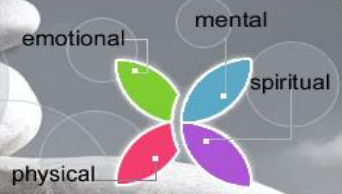




Integrated Health Care
Chiropractors Specialising in the Hale Technique



THE FLU PREVENTION REMEDY

Some patients are very sensitive and react negatively to certain foods, chemicals, allergens and vaccinations.

Since 1998 The Medical Profession has actively promoted 'The Flu Vaccination', initially for the elderly, but now for all ages including young children.

For those patients who have experienced reactions to 'The Flu Vaccination' we are able to neutralize their symptoms, however, they usually decide not to have the Vaccination again.

These patients remain vulnerable to the Influenza group of viruses (which cause more deaths worldwide each year, than any other disease process).

In an attempt to provide some immunity for these patients, Dr Hale in 2008, developed a '**Homeopathic Flu Prevention Remedy**'. This Remedy contains all Flu Vaccinations (in homeopathic form) from 1998 to the current year, plus Immunoglobulin A & E.

The Remedy



Homeopathy has a unique characteristic, in that Remedies can be used to treat people with health conditions. Interestingly, if that same Remedy is administered to a healthy person over five to ten days, that person will develop the same or similar symptoms to the health condition that the Homeopathic Remedy was given to treat. This is called: 'like treats like', and is how new Homeopathic Remedies are 'Proven' for use.

Therefore we can say that by taking the '**Homeopathic Flu Prevention Remedy**' your body interprets that it is starting to get the Flu or has been invaded by Influenza viruses and so reacts to gain immunity. A dosage given daily for 3 days every month appears to stimulate the body's response. **Patients have also reported that if they experience the onset of 'cold-like' or 'flu like' symptoms, this Remedy relieves symptoms and ill health within a day or two:** Our suggested dosage at times of 'Cold-like' or 'Flu-like' symptoms is: Take up to six times per day until symptoms relieve. Then decrease frequency of dosage as symptoms ease. Stop taking the Remedy once symptoms stop.

Immunoglobulin A & E in homeopathic form, is also included in the Remedy to stimulate Antibodies against infection on the mucous membranes in the sinuses, mouth, nasal passages, lungs and also skin.

The Remedy has proven to be very successful **in preventing 'The Flu'** but **also in warding off 'The Flu' in its early stages**. It is not useful if you actually have 'The Flu'. We have a different regime for treating patients who do have 'The Flu'.

There has not been a proper study completed of the efficiency of this Remedy but from observations and feedback we do not know of anyone who has contracted 'The Flu' if they have taken the said Remedy monthly as suggested, during Autumn, Winter and Springtime months. Feedback has also been positive from patients who have taken '**The Remedy**' daily until symptoms relieve, when they experience the early onset symptoms of a cold or flu.

Feedback on your experience with this Remedy is valuable to us. You can do this by contacting us by email at info@integratedhealth.co.nz

Frequently Asked Questions

Q. Can I have flu vaccination plus take the Flu Prevention Remedy?

A. Yes as long as you don't react to the vaccination. Ask one of our Doctors to check you. Many of our patients choose to have 'The Vaccination' and also use 'The Flu Prevention Remedy' monthly, as suggested, for extra protection. The added bonus is that you can use 'The Remedy' if you feel symptoms developing.

Q. Why do some people react to vaccinations?

A. This is unknown but usually these people are very sensitive and also exhibit allergic reactions to other substances like, food, airborne substances and chemicals.

Q. What percentage of people react to vaccination?

A. In our experience approximately 10 per cent, but we attract a lot of sensitive/allergic people because of our work.

Q. What is a Vaccination?

A. A Vaccination is usually an injection of whole (live or inactivated) or fractionated bacteria or viruses that will not cause the disease they are given for. The vaccination is given to stimulate the body's natural immunity to the bacteria or viruses by forming Antibodies.

Q. Who can take Flu Prevention Remedy?

A. It is safe to give to babies, young children right through to the elderly.

Q. Are there any known Side Effects?

A. A few people have reported that they have felt 'Flu' or 'cold like' symptoms when they first take the Remedy. This is a good response as it shows that their Immune System is being stimulated and challenged. (most people don't notice anything)

Q. How often do I take Flu Prevention Remedy?

A. Administer **two squirts per day for 3 days of each month in autumn, winter & spring (Mar-Nov)**

Q. Is one bottle of Flu Prevention Remedy enough for family of 4?

A. Yes there are approximately 50 doses in each bottle.

Q. Do I need an appointment or can I buy Flu Prevention Remedy from reception?

A. You can purchase Flu Prevention Remedy from reception but we would like your contact details for our research purposes.

Q. Do I need to buy a new bottle of the Remedy each year?

A. In previous years we have topped up older Remedies with the current year's Remedy but upon testing, a lot of the older Remedies had become inactive because of being placed in excessive heat or light conditions. We therefore only sell this year's Remedy.

NB All Homeopathic Remedies should be stored away in a dark and cool environment.
i.e. Cool cupboard or fridge door.