

# MEDICATION & NUTRITIONAL CHECKS

at Integrated Health Care

We advise patient's to bring in their prescribed medications and nutritional supplements for us to test at the beginning of treatment and at various times throughout the treatment regime.

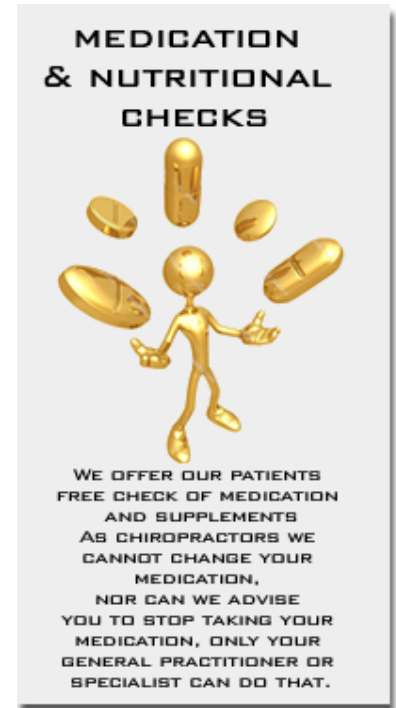
All medications and nutritional supplements can cause side effects and symptoms, even though the medication is essential and needed to sustain life, e.g. diabetic, asthmatic or blood pressure medication. Often the medication, which has been taken daily for years, may start causing some side effects and symptoms. This may have resulted from a shock, stress or lifestyle change. It may also be because the body starts to react to the prescribed substance for whatever reason.

We can test the various medications and neutralise most side effects, with homeopathy, thus making it more effective and efficient to you.

Many patients are surprised to hear that nutritional supplements (herbs, vitamins, mineral, oils etc), can be harmful, causing ill health and symptoms. We can also test these with you, sometimes to neutralise and other times to promote or discourage its use.

As chiropractors we cannot change your medication, nor can we advise you to stop taking your medication, only your general practitioner or specialist can do that.

Medicational and nutritional supplement testing is offered at our practice **free of charge to our patients**. To arrange a time (usually 1-2 minutes), call our reception. This service is a non-obligational test to help you.



Contact **Integrated Health Care** for more information or book an appointment